



## Birthright Israel Plus: Multi-Cultural Israel

### Israel Outdoors

#### Tuesday- Day 1 *Abu Ghosh*

Time	Activity
10:00am	Meet at Jerusalem Central Bus Station and travel to Abu Ghosh
11:00am	Arrive to Hinam Center for Social Tolerance to check in to accommodations, lunch, and ice breakers
4:00pm	Walking tour of village and meet with local village leaders and longtime community members in their homes and workplaces
7:00pm	Special group dinner and bonfire on hilltop overlooking village
8:00pm	Evening Program – Arab <i>Hafila</i> with musical instruments and refreshments
	Overnight: Hinam Center for Social Tolerance

#### Wednesday- Day 2 *Abu Ghosh*

Time	Activity
9:00am	Morning Session – learn about Jewish and Israeli culture with a diverse mix of peers from the Jewish and Arab communities
10:00am	Visit local mosque and meet with Muslim religious leader
12:00pm	Arabic Cooking – learn how to cook traditional foods for yourself, and then enjoy your masterpiece with new friends from the village!
3:00pm	Visit to home of female Abu Ghosh resident. Listen to the host's personal story, and gain a better understanding of the status of women in Arab society
4:00pm	Meet with local peers your age and dive deep into Arabic culture. Learn how to dance the Dabke, the famous folk dance!
8:00pm	Evening Program: Night out in Jerusalem with Arab peers from Abu Ghosh
	Overnight: Hinam Center for Social Tolerance

#### Thursday- Day 3 *Abu Ghosh & Kiryat Anavim*

Time	Activity
------	----------



TAGLIT · תגלית  
BIRTHRIGHT ISRAEL

PLUS

9:00am	Morning Session – learn about Jewish and Israeli culture with a diverse mix of peers from the Jewish and Arab communities
11:00am	Culinary tour of Abu Ghosh restaurants and special meeting with female chefs to learn about some of their most famous foods
2:00pm	Visit ancient olive press and olive grove to pick local herbs for dinner
4:00pm	Spend the afternoon at nearby Jewish kibbutz, Kiryat Anavim. Take part in the work being done at the kibbutz and learn about kibbutz life from the community leaders.
8:00pm	Evening Program: Spend some time with Israeli peers at Kibbutz Kiryan Anavim Overnight: Hinam Center for Social Tolerance

#### **Friday- Day 4 Telz Stone**

<b>Time</b>	<b>Activity</b>
9:00am	Morning Session – learn about Jewish and Israeli culture with a diverse mix of peers from the Jewish and Arab communities
10:00am	Visit the nearby ultra-orthodox community in Telz Stone. Learn about their way of life and study in their schools.
11:00am	Tour the community and get a feel for the atmosphere as the locals prepare for Shabbat.
2:00pm	After lunch and the afternoon in Abu Ghosh, return to Telz Stone to spend Shabbat dinner with a local family
8:00pm	After dinner, participate in a special “Oneg Shabbat” with the community, including a Hassidic <i>tisch</i> ceremony Overnight: Home Hospitality in Telz-Stone Community

#### **Saturday- Day 5 Telz Stone**

<b>Time</b>	<b>Activity</b>
8:00am	Visit a synagogue with one of the host families and then enjoy a Shabbat meal together.
2:00pm	Shabbat is the day of rest, so take some much-needed time to relax!
4:00pm	Walking tour of religious community





TAGLIT · תגלית  
BIRTHRIGHT ISRAEL

PLUS

5:00pm Musical Havdalah ceremony to mark the end of Shabbat before returning to Abu Ghosh for program's closing session

9:00pm Drop-off at Jerusalem Central Bus Station for program conclusion

*Please note: the itinerary is subject to change depending upon weather conditions*

**ISRAEL**  
**OUTDOORS**