



TAGLIT · תגליט
BIRTHRIGHT ISRAEL

PLUS

Birthright Israel Plus: *Sea-to-Sea Trek*

Israel Outdoors

Sunday- Day 1

8.5 miles (13.7 km)

Time

9:00 am

Activity

Pickup from Tel Aviv and travel north to the Western Galilee.

Kick off the trek with an opening ceremony at Achziv Beach on the Mediterranean Coast. Hike up Nahal Kziv Canyon to Goren Park, passing the ruins of Montfort Castle along the way.

Evening Program – Orienteering and basic survival skills workshop

Overnight: Camping at Park Goren

Monday- Day 2

9 miles (14.5 km)

Time

9:00 am

Activity

Hike from Park Goren to El Kosh Bridge, exploring a newly opened section of the Trek. This new path connects two sections of the Kziv Creek. Along this trail we will cross the Upper Galilee's unique landscape and learn about the diverse botanical features of the Mediterranean forest.

Evening Program – Bonfire at camp

Overnight: Hurfesh Campsite

Tuesday- Day 3

13.5 miles (21.7 km)

Time

9:00 am

Activity

Hike from El Kosh Bridge through the Ein Seter springs to the Humema Ruins to the Curve campsite. Along the way, we'll learn about and visit some of the diverse ethnic groups that have called the Galilee home for millennia, including the Druze at the nearby village of Hurfesh.





Continue through the Ein Seter Spring – and stop for a dip in the water – along to the Nerya Creek and finally to Mt. Meiron and down to the Amud Creek.

Evening Program – cooking in the field workshop

Overnight: Curve Campsite

Wednesday- Day 4

6 miles (9.7 km)

Time

Activity

9:00 am

Hike from Curve Campsite to Kadarim Road. Walking this beautiful trail along the river, we'll learn about the nearby city of Tzfat. Along the way we'll pass by several natural pools of water – a good chance for the group to take a refreshing break.

Evening: Star gazing night navigation followed by a drum circle

Overnight: Kadarim Campsite

Thursday- Day 5

7.5 miles (12 km)

Time

Activity

9:00 am

Hike from Kadarim Road to the Sea of Galilee.

The last portion of the Trek will take us to the final destination – the Sea of Galilee. We will hike the lower part of Amud Creek, meeting the endangered vulture community that lives on the cliffs above the creek. Finally, we arrive to Hukuk Beach at the Sea of Galilee, concluding our journey together.

At the Hukuk Beach, you'll have the chance to finally take a shower after your long journey.

5:00 pm

Drive to Tel Aviv for program conclusion and drop-off

Please note this itinerary is subject to change